

THRIVE

Support Coaching Opportunities

***NEW* PL Kicks Fitness Sessions**

The Foundation is running a dynamic new Premier League Kicks fitness session for young people aged 11–18 on Monday evenings at The Nest—and we're looking for volunteers who are passionate about sport and wellbeing.

Each week features a different style of training:

-  Circuit workouts
-  Boxing-based fitness
-  Strength training

...and plenty more to keep sessions fun, energetic and engaging.

Though not essential, this opportunity is perfect for someone with gym qualifications looking for more experience in the field.

[Email](#) to find out more.

INSPIRE

Community Opportunities

***NEW* Volunteer at the Foundation's new Youth Club**

The Foundation is launching a brand-new youth group designed especially for young carers—a safe, supportive space where they can unwind, have fun and try something new. Each Thursday evening at The Nest, the group will take part in exciting activities including games, football and padel sessions. It's all about giving young carers opportunities to thrive. If you're passionate about making a difference in young people's lives, we'd love to hear from you.

[Email](#) to find out more.

***NEW* Armed Forces Day 2026**

We're gearing up for our third annual Armed Forces Day. This fun, community focused day includes football matches, family activities and fundraising opportunities. Volunteers play a vital role in keeping everything running smoothly. We're looking for support across the day including:

-  Facilitating football matches
-  Selling raffle tickets
-  Overseeing children's activity areas

Date: Saturday 27 June

Time: Support required from 9:30–16:00. Even a few hours would be a huge help!

Location: The Nest NR10 3AQ

[Register Here](#)

Powerchair Football Support

The Norwich City Powerchair Football team is looking for support coaches to help at our training sessions for beginners and advanced players. In powerchair football, players use specially designed powered wheelchairs on indoor basketball courts to play football. No experience needed – just enthusiasm to help players develop skills, confidence and enjoy the game. Training is held on Friday evenings in Norwich.

[Email](#) to find out more.

Minibus Drivers Needed

We're looking for volunteer minibus drivers to help our participants and students move between venues. Join us in making a real difference by transporting our Cerebral Palsy Football team to occasional weekend fixtures throughout the season, or on weekdays, bringing our Foundation students between Carrow Road and The Nest. *You'll need a D1 entitlement on your driving licence – if you passed your test before 1 January 1997, you'll already have this.*

[Email](#) to find out more.

ACHIEVE

Volunteer at Fundraising Events

****NEW* Foundation Takeover Day – Ground Collectors Needed!***

We're looking for friendly, confident volunteers to support our **Foundation Takeover Day** by serving as ground collectors at the Norwich City vs Birmingham City match on Saturday 21 February.

If you are already attending the match, why not spend some time beforehand helping the Foundation raise vital funds by engaging with fans, collecting donations, and representing the Foundation proudly on a busy matchday. It's a brilliant way to be part of the Carrow Road atmosphere while supporting a great cause.

[Email](#) to find out more.

***NEW* Event and Volunteering Showcase**

Ever thought about getting involved with the Community Sports Foundation but not quite sure where to start? Whether you're curious about taking on one of our fundraising challenges or thinking about volunteering some of your time, we'd love to welcome you for an inspiring, no-pressure evening at The Nest on Tuesday 3rd March. This relaxed, drop-in event is the perfect opportunity to discover the many ways you can help spark real change right here in your community.

 17 Tuesday 3 March 2026

 18:00 – 20:00

 The Nest NR10 3AQ