



COMMUNITY
SPORTS
FOUNDATION

AGES 16-19

SPORTS COACHING PROGRAMME

PROSPECTUS
2025/26

OVERVIEW

The Sports Coaching Programme provides a unique offering that combines a core academic offer alongside additional coaching qualifications and enrichment opportunities. For those looking to pursue a career in “something sporty” the two-year offering gives a wide ranging insight across the full sporting sector, whilst achieving the equivalent of 3 A-levels and industry recognised qualifications in the process.

“
The programme allows students to develop the core knowledge, skills and understanding needed to pursue a career within the sports and active leisure sector.”

Shaun Howes,
Norwich City Community Sports Foundation,
Workforce Development Manager



AIM & OBJECTIVES

Aim:

Provide a learning environment that uses the power of sport and as a tool for engaging delivery at every possible opportunity.

Objectives:

- Provide a high quality learning provision focused on personal progression
- Provide regular contact with positive, professional role models who can use their experiences to support participants’ personal progression.
- Provide a holistic personal development programme that underpins academic and career progression.
- Provide experiences and information linked to relevant sport, academic and vocational exit routes with clear, proven and supported individual pathways in place.
- Provide environments that engage, inspire, challenge and develop at every opportunity.

PROGRESSION

Students will be well-placed to progress to university given the UCAS points and experiences collated across the core and enrichment elements of their programme. Additionally, vocational routes such as apprenticeships in coaching and direct progression into employment become real options as part of the Foundation’s supported pathway.

Example career pathways:

Sports Coach

PE Teacher

Sports Development Officer

Sports Psychologist

Sports Analyst

Sports Nutritionist





“
The education element
of the programme
underpins everything,
opening various doors
and opportunities for
higher education and
employment.”

Stevie Bramble,
Norwich City Community Sports Foundation,
Director of Education & Programmes

EDUCATION

Coaching

The education element of the programme will see students working towards the OCR Level 3 Extended Diploma in Sport, the equivalent of three full A-levels, ensuring university progression becomes a real option after the two years.

Over the two-year programme students will cover a variety of different units, which link directly to potential career pathways in the sporting industry, including coaching, teaching and sports development.

The qualification uses a blend of assessment methods including written portfolios, filmed evidence and exam based content providing varied and inclusive learning environments.

Sample content

Sports Coaching

Anatomy and Physiology

Business in sport

Psychology for Sport

Sports nutrition

Organising sports events

COACHING EXPERIENCE

Coaching

The course is designed to promote a pathway into coaching across a variety of different sports, it certainly isn't all about football! The core academic provision will be enriched by a series of weekly coach education sessions being delivered by Foundation staff covering the following areas:

Sample content

Differentiation

Coaching styles

Group management

Safeguarding

Session planning

Qualifications

Over the two years students will be supported to complete the following formal coaching qualifications as part of their studies:

- **FA Playmaker**
- **Level 2 Certificate in Coaching**

Experience

Students will put their learning into practise by completing placement opportunities within the Foundation coaching sessions or within their own grassroots environments.



APPLY NOW.



To register your interest for a place on the programme
please scan here or apply online via:
communitysportsfoundation.org.uk



COMMUNITY
SPORTS
FOUNDATION

Norwich City Community Sports Foundation, Norwich City FC, Carrow Road, Norwich, NR1 1JE
communitysportsfoundation.org.uk / 01603 984000

