











An opportunity for Ukrainian refugees and their host families to join us at The Nest for a day of fun, learning, socialising and sport. The day aims to provide a true welcome to Norfolk, highlighting all of the things that are great about our amazing county.

#### ALL ABOUT NORFOLK

Learn all about various positive activities that can be enjoyed around Norwich and Norfolk

## A BIT OF LEARNING

Education lessons from Adult Learning, including intro courses from their 'English for Speakers of other Languages' team

# **FAMILY TIME**

Just relax with a picnic or, if you're feeling adventurous, head over to the Challenge Woods

### AND SOME SPORT

Various activities and sports run by Foundation staff, including a family sports day

### EVENT DETAILS

Date: Saturday 30th July

Venue: The Nest, Holt Road, Norwich

Time: 9:30am - 3:00pm









