



# COMMUNITY SPORTS FOUNDATION



# EVENTS 2019

[www.communitysportsfoundation.org.uk](http://www.communitysportsfoundation.org.uk)





# NIGHT GOLF

NEW

**14th March**

Experience the thrill of golf at nighttime, with fairways, tees, paths and greens all lit up with LED lights. There will be freshly made pizzas and beers to enjoy as well as casino tables, simulator challenges and driving range games.

 **Norfolk**

 **£140 per team**

 **4**

 **N/A**

Event Sponsor



# ENDURANCE GO-KART RACE

**24th March**

Go the distance! Our new racing event is the ultimate test of endurance. Teams, consisting of 2-5 drivers, will have two hours to complete the most laps before the clock stops and the chequered flag is shown.

 **Suffolk**

 **£250 per team**

 **2-5**

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# MINI COASTAL WALK CHALLENGE

**28th April**

Perfect for families, the Mini Coastal Walk Challenge is, as the name suggests, a shortened version of our popular annual walking challenge. Choose to tackle either 6, 12, or 22-mile routes, all taking place along the scenic Norfolk Coast Path.



**North Norfolk**



**£7.50 (U16) £12.50 (Adult)**



**£30**



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Event Sponsor

**Ashtons**  
LEGAL



# HADRIAN'S WALL CHALLENGE

**2nd - 6th May**

Step back in time and retrace all 85-miles of the Hadrian's Wall. You'll walk the width of Britain, and entry includes transport and accommodation.



**Northern England**



**£200**



**£250**



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# CANARY LEGEND ELEVEN

**13th May**

Live out your dream of playing alongside a Canaries legend on Carrow Road's hallowed turf with our 'Canary Legend Eleven' match. Includes access to the Players' Lounge and tunnel, plus a game-environment complete with scoreboard, entrance music and many more added extras.

 **Carrow Road**

 **£325**

 **N/A**



# COASTAL WALK CHALLENGE

**14th - 15th June**

The hugely popular 47-mile Coastal Walk Challenge is our most gruelling, but rewarding, event. Following the Norfolk Coast Path from Hunstanton to Cromer, walkers hike day and night and enjoy some spectacular views, all backed by an extensive support team.

 **North Norfolk**

 **£25**

 **£150**

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# THREE PEAKS CHALLENGE

4th - 7th July

As a team, you will climb three of the largest mountains in the U.K in 24 hours: Ben Nevis (Scotland), Scafell Pike (England) and Mount Snowdon (Wales). Entry includes transport and accommodation.

-  **Across the UK**
-  **£150**
-  **£250**
-  **■■■■■□**



# RUN NORWICH

21st July

Be part of #TeamCSF and take part in this iconic 10-kilometre run through the heart of Norwich city centre. Organised by CSF, the run - now in its fifth year - is expected to attract 7,000 entrants. If you run for the Foundation, you can benefit from exciting Norwich City FC incentives and prizes.

-  **Norwich**
-  **FREE**
-  **£100**
-  **■■■■□□**

#TeamCSF Sponsor

**RIVERSIDE**  
LEISURE CENTRE



# KOBLENZ TO NORWICH CYCLE

**22nd - 26th August**

Embark on an epic five-day 419-mile adventure across Northern Europe. En-route, you'll take in a host of famous cities, including Bonn, Cologne, Eindhoven, Amsterdam and The Hague.

-  **Northern Europe**
-  **£200**
-  **£1,100**
-  **■■■■■**



# DEAN ASHTON GOLF DAY

**27th September**

Tee it up with former England international and Canary Dean Ashton, for our annual charity golf day at Great Yarmouth & Caister Golf course.

-  **Norfolk**
-  **£260 per team**
-  **4**
-  **N/A**



## ON THE BUZZER CITY! QUIZ

**7th November**

Our hugely popular annual quiz welcomes over fifty teams to the Top of the Terrace lounge at Carrow Road, for eight rounds of general knowledge quiz fun. Ex-Canary Adrian Forbes and BBC Norfolk's Rob Butler host the proceedings.





-  **Carrow Road**
-  **£60 per team**
-  **6**
-  **N/A**



## YELLOW & GREEN SKY DIVE

**Various dates**

'Chute at the ready...tick off a bucket-list essential with CSF! Experience the thrill of free-falling from over 12,000 feet at around 120mph.

-  **Norfolk**
-  **£50**
-  **£300**
-  **■ ■ ■ □ □**



# COMMUNITY SPORTS FOUNDATION

To find out more, or to book your place on the events:

 [communitysportsfoundation.org.uk/events](https://communitysportsfoundation.org.uk/events)

 [csf.fundraising@canaries.co.uk](mailto:csf.fundraising@canaries.co.uk)

 01603 761122

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