





NIGHT GOLF

NEW

14th March

Experience the thrill of golf at nighttime, with fairways, tees, paths and greens all lit up with LED lights. There will be freshly made pizzas and beers to enjoy as well as casino tables, simulator challenges and driving range games.













ENDURANCE GO-KART RACE

24th March

Go the distance! Our new racing event is the ultimate test of endurance. Teams, consisting of 2-5 drivers, will have two hours to complete the most laps before the clock stops and the chequered flag is shown.

Suffolk

£ £250 per team

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MINI COASTAL WALK CHALLENGE

28th April

Perfect for families, the Mini Coastal Walk Challenge is, as the name suggests, a shortened version of our popular annual walking challenge. Choose to tackle either 6, 12, or 22-mile routes, all taking place along the scenic Norfolk Coast Path.

North Norfolk

£7.50 (U16) £12.50 (Adult)

£30







HADRIAN'S WALL CHALLENGE

2nd - 6th May

Step back in time and retrace all 85-miles of the Hadrian's Wall. You'll walk the width of Britain, and entry includes transport and accommodation.

- Northern England
- £200
- £250





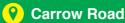




CANARY LEGEND ELEVEN

13th May

Live out your dream of playing alongside a Canaries legend on Carrow Road's hallowed turf with our 'Canary Legend Eleven' match. Includes access to the Players' Lounge and tunnel, plus a game-entrance music and many more added extras









COASTAL WALK CHALLENGE

14th - 15th June

The hugely popular 47-mile Coastal Walk Challenge is our most gruelling, but rewarding, event. Following the Norfolk Coast Path from Hunstanton to Cromer, walkers hike day and night and enjoy some spectacular views, all backed by an extensive support team.

North Norfolk

£25

£150



THREE PEAKS CHALLENGE

4th - 7th July

As a team, you will climb three of the largest mountains in the U.K in 24 hours: Ben Nevis (Scotland), Scafell Pike (England) and Mount Snowdon (Wales). Entry includes transport and accommodation.



Across the UK



£150



£250





RUN NORWICH

21st July

Be part of #TeamCSF and take part in this iconic 10-kilometre run through the heart of Norwich city centre. Organised by CSF, the run - now in its fifth year - is expected to attract 7,000 entrants. If you run for the Foundation, you can benefit from exciting Norwich City FC incentives and prizes.













KOBLENZ TO NORWICH CYCLE

22nd - 26th August

Embark on an epic five-day 419-mile adventure across Northern Europe. En-route, you'll take in a host of famous cities, including Bonn, Cologne, Eindhoven, Amsterdam and The Hague.



Northern Europe



£200



£1,100





DEAN ASHTON GOLF DAY

27th September

Tee it up with former England international and Canary Dean Ashton, for our annual charity golf day at Great Yarmouth & Caister Golf course.



Norfolk



£260 per team





N/A



ON THE BUZZER CITY! QUIZ

7th November

Our hugely popular annual quiz welcomes over fifty teams to the Top of the Terrace lounge at Carrow Road, for eight rounds of general knowlege quiz fun. Ex-Canary Adrian Forbes and BBC Norfolk's Rob Butler host the proceedings.

- Carrow Road
- £ £60 per team
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YELLOW & GREEN SKY DIVE

Various dates

'Chute at the ready...tick off a bucket-list essential with CSF! Experience the thrill of free-falling from over 12,000 feet at around 120mph.

- Norfolk
- £50
- £300



To find out more, or to book your place on the events:

- communitysportsfoundation.org.uk/events
- @ csf.fundraising@canaries.co.uk
- **O** 01603 761122